

# Frozen Yogurt Nutrition Data

## Low Fat Tart Base without Flavor syrup

Serving Size: 1oz Amount per serving	Unit	Value	%Daily Value
Calories	Kcal	30.8	1.5%
Fat Cal / % total cal	Kcal	1.72	
Fat	g	0.9	1.3%
Saturated Fat	g	0.8	4.2%
Trans Fat	g	0.0	0%
Cholesterol	mg	0.8	0%
Sodium	mg	14.5	0.6%
Carbohydrates	g	5.6	1.9%
Fiber	g	0.1	0%
Sugar	g	4.8	
Protein	g	0.2	
Vitamin A			0.1%
Vitamin C			0.0%
Calcium			0.5%
Iron			0.2%

Ingredient Lists
<p>purified water, dextrose, skimmed milk powder, partially hydrogenate coconut oil, extra grade sweet whey, yogurt in powder, citric acid (E330), emulsifier (E471, E472b, E477), sugar, stabilizer (E412, E415, E466), starch, lemon juice</p> <p><b>Live Culture:</b> Lactobacilus acidophilus, Bifidobacterium lactis, Bifidobacterium longum, Bifidobacterium bifidum,</p>

Allergen Information	
Milk	Yes
Eggs	No
Peanuts	No
Wheat	No
Soy	No
Tree Nuts	No
Shellfish	No
Fish	No

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# Frozen Yogurt Nutrition Data

## Low Fat Tart Base with Flavor syrup

Serving Size: 100g Amount per serving	Unit	Value	%Daily Value
Calories	Kcal	34.3	1.7%
Fat Cal / % total cal	Kcal	1.7	
Fat	g	0.9	1.3%
Saturated Fat	g	0.8	4.2%
Trans Fat	g	0.0	0%
Cholesterol	mg	0.1	0%
Sodium	mg	16.4	0.7%
Carbohydrates	g	6.5	2.2%
Fiber	g	0.0	0%
Sugar	g	5.7	
Protein	g	0.2	
Vitamin A			0.8%
Vitamin C			0.3%
Calcium			0.5%
Iron			0.2%

Ingredient Lists
<p>purified water, dextrose, skimmed milk powder, partially hydrogenate coconut oil, extra grade sweet whey, yogurt in powder, citric acid (E330), emulsifier (E471, E472b, E477), sugar, stabilizer (E412, E415, E466), starch, lemon juice,, flavor</p> <p><b>Live Culture:</b> Lactobacilus acidophilus, Bifidobacterium lactis, Bifidobacterium longum, Bifidobacterium bifidum,</p>

Allergen Information	
Milk	Yes
Eggs	No
Peanuts	No
Wheat	No
Soy	No
Tree Nuts	No
Shellfish	No
Fish	No

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# Frozen Yogurt Nutrition Data

## Low Fat Sweet Base with flavor syrup

Serving Size: 100g Amount per serving	Unit	Value	%Daily Value
Calories	Kcal	33.8	1.7%
Fat Cal / % total cal	Kcal	1.7	
Fat	g	0.9	1.3%
Saturated Fat	g	0.8	4.2%
Trans Fat	g	0.0	0%
Cholesterol	mg	0.1	0%
Sodium	mg	25.2	1.0%
Carbohydrates	g	6.4	2.1%
Fiber	g	0.0	0%
Sugar	g	5.8	
Protein	g	0.2	
Vitamin A			0.8%
Vitamin C			0.3%
Calcium			0.5%
Iron			0.2%

Ingredient Lists
purified water, dextrose, sugar, fructose, partially hydrogenated coconut oil, extra grade sweet whey, starch, stabilizer (E412, E415, E466), salt, flavor
<b>Live Culture:</b> Lactobacillus acidophilus, Bifidobacterium lactis, Bifidobacterium longum, Bifidobacterium bifidum,

Allergen Information	
Milk	Yes
Eggs	No
Peanuts	No
Wheat	No
Soy	No
Tree Nuts	No
Shellfish	No
Fish	No

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# Frozen Yogurt Nutrition Data

## Low Fat Chocolate

Serving Size: 100g Amount per serving	Unit	Value	%Daily Value
Calories	Kcal	29.1	1.5%
Fat Cal / % total cal	Kcal	1.5	
Fat	g	0.8	1.2%
Saturated Fat	g	0.8	3.8%
Trans Fat	g	0.0	0%
Cholesterol	mg	0.1	0%
Sodium	mg	24.2	1.0%
Carbohydrates	g	5.5	1.8%
Fiber	g	0.2	0%
Sugar	g	4.7	
Protein	g	0.1	
Vitamin A			0.1 %
Vitamin C			0 %
Calcium			1.1%
Iron			0.3%

Ingredient Lists
purified water, cocoa powder (proceesed with alkali), dextrose, sugar, fructose, partially hydrogenated coconut oil, extra grade sweet whey, starch, stabilizer (E412, E415, E466), salt, vanilla flavor (natural & artificial)
<b>Live Culture:</b> Lactobacilus acidophilus, Bifidobacterium lactis, Bifidobacterium longum, Bifidobacterium bifidum,

Allergen Information	
Milk	Yes
Eggs	No
Peanuts	No
Wheat	No
Soy	No
Tree Nuts	No
Shellfish	No
Fish	No

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# Frozen Yogurt Nutrition Data

## Low Fat Vanilla without flavor syrup

Serving Size: 100g Amount per serving	Unit	Value	%Daily Value
Calories	Kcal	30.4	1.7%
Fat Cal / % total cal	Kcal	1.6	
Fat	g	0.8	1.3%
Saturated Fat	g	0.8	4.0%
Trans Fat	g	0.0	0%
Cholesterol	mg	0.1	0%
Sodium	mg	22.9	1.0%
Carbohydrates	g	5.6	1.9%
Fiber	g	0.0	0%
Sugar	g	5.0	
Protein	g	0.1	
Vitamin A			0.2%
Vitamin C			0.0%
Calcium			0.5%
Iron			0.2%

Ingredient Lists
<p>purified water, dextrose, sugar, fructose, partially hydrogenated coconut oil, extra grade sweet whey, starch, stabilizer (E412, E415, E466), salt, vanilla flavor (natural &amp; artificial)</p> <p><b>Live Culture:</b> Lactobacillus acidophilus, Bifidobacterium lactis, Bifidobacterium longum, Bifidobacterium bifidum,</p>

Allergen Information	
Milk	Yes
Eggs	No
Peanuts	No
Wheat	No
Soy	No
Tree Nuts	No
Shellfish	No
Fish	No

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# Frozen Yogurt Nutrition Data

## Low Fat Vanilla with flavor syrup

Serving Size: 100g Amount per serving	Unit	Value	%Daily Value
Calories	Kcal	33.9	1.7%
Fat Cal / % total cal	Kcal	1.6	
Fat	g	0.8	1.3%
Saturated Fat	g	0.8	4.2%
Trans Fat	g	0.0	0%
Cholesterol	mg	0.1	0%
Sodium	mg	24.9	1.0%
Carbohydrates	g	6.5	2.1%
Fiber	g	0.0	0%
Sugar	g	5.9	
Protein	g	0.1	
Vitamin A			0.9%
Vitamin C			0.3%
Calcium			0.5%
Iron			0.2%

Ingredient Lists
<p>purified water, dextrose, sugar, fructose, partially hydrogenated coconut oil, extra grade sweet whey, starch, stabilizer (E412, E415, E466), salt, vanilla flavor (natural &amp; artificial), flavor</p> <p><b>Live Culture:</b> Lactobacillus acidophilus, Bifidobacterium lactis, Bifidobacterium longum, Bifidobacterium bifidum,</p>

Allergen Information	
Milk	Yes
Eggs	No
Peanuts	No
Wheat	No
Soy	No
Tree Nuts	No
Shellfish	No
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